

FACULTY OF SCIENCES

SYLLABUS

FOR

DIPLOMA COURSE IN COSMETOLOGY FULL TIME (ONE YEAR) (SEMESTER I-II)

Examinations: 2019 -20



GURU NANAK DEV UNIVERSITY
AMRITSAR

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DIPLOMA COURSE IN COSMETOLOGY (SEMESTER SYSTEM)
ONE YEAR (FULL TIME)

Scheme of Examination

Semester-I

NAME OF PAPER	TIME	NO. OF PAPER	MARKS	TOTAL
1. (Theory)	3 hrs	One	50	50
2. (Theory)	3 hrs	One	50	50
3. (Practical)	3 hrs	One	50	50
4.(Practical)	3 hrs	One	50	50
TOTAL				200

Scheme of studies

1.(Theory)	4 periods/weeks
2.(Theory)	4 periods/weeks
3.(Practical)	8 periods/weeks
4.(Practical)	8 periods/weeks
Total	24 lectures in a week

Semester-II

NAME OF PAPER	TIME	NO. OF PAPER	MARKS	TOTAL
1. (Theory)	3 hrs	One	50	50
2. (Theory)	3 hrs	One	50	50
3. (Practical)	3 hrs	One	50	50
4.(Practical)	3 hrs	One	50	50
TOTAL				200

Scheme of studies

1.(Theory)	4 periods/weeks
2.(Theory)	4 periods/weeks
3.(Practical)	8 periods/weeks
4.(Practical)	8 periods/weeks
Total	24 lectures in a week

DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-I)
ONE YEAR (FULL TIME)

PAPER 1- THEORY

Time: 3 hrs

Max. Marks: 50

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

OBJECTIVES

To create awareness about Cosmetology & Personal Grooming

To impart knowledge about Make-up & Hair Removing

SECTION-A

1. COSMETOLOGY: -

- Aims and objectives
- Importance

2. PERSONAL GROOMING: -

- Care of yourself:- Mouth ,Teeth, Eyes, Ears, Feet, Removing body hair, Nails and hand care, Care of Clothing.
- Visual poise:- Standing , Sitting and Walking.
- Basic table manners.
- How to get into a car.
- How to carry accessories.
- Wardrobe Planning.

SECTION-B

3. SKIN: -

- Structure of skin.
- Functions of skin.
- Common skin problems (acne, pigmentation, wrinkles, black heads)
- Skin types and skin analysis.
- Describe the melanin.

4. FACIALS: -

- Benefits of massage.
- Massage methods.
- Massaging techniques.
- Plain facial.
- Facial treatment of acne, pigmentation, wrinkles, black heads removing with natural herbs/ingredients.

DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-I)
ONE YEAR (FULL TIME)

SECTION-C

5. BASIC MAKE-UP STEPS: -

- Base make-up.
- Base make-up according to day/night.
- Facial shape analysis.
- Casual and formal make-up.
- Make-up according to weather, occasion and with matching dress.

SECTION-D

6. HAIR REMOVING METHOD: -

- Waxing.
- Threading/ tweezing.
- Bleaching.

DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-I)
ONE YEAR (FULL TIME)

PAPER 2- THEORY

Time: 3 hrs

Max. Marks: 50

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

OBJECTIVES

To create awareness about Body Fitness with Yoga

To impart knowledge about Hair & Hair Shaping

SECTION-A

1. YOGA: -

- (a) Benefits of yoga, Rules of yoga.
- (b) Benefits of aerobics.

SECTION-B

2. YOGA ASANS: -

- | | |
|-------------------|-------------------------|
| (a) Shav asana | (f) Dhanur asana |
| (b) Gomukh asana | (g) Chakar asana |
| (c) Vajar asana | (h) Tar asana |
| (d) Bhujang asana | (i) Pashchimottan asana |
| (e) Hala asana | (j) Pawan mukt asana |

SECTION-C

3. HAIR: -

- (a) Structure of hair.
- (b) Hair disorders (Dandruff, Aleopecia, Hair fall, White hair, Head lice).
- (c) Hair growth and replacement.

SECTION-D

4. HAIR SHAPING WITH HAIR CUT:-

- (a) Sectioning of hair.
- (b) Preparation of hair cut.
- (c) Technique of hair cut.
- (d) Basic hair cut like trimming, U-cut, V-cut, feather cut, layers and razor cut.

EQUIPMENT SANITIZING BRUSHES, COMBS

DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-I)
ONE YEAR (FULL TIME)

PAPER 3- PRACTICAL

Time: 3 hrs

Max. Marks: 50
File Work - 10 Marks

Viva - 5
Practical – 35

Instructions:-

Paper will be set on the spot by the examiner.

1. MASSAGE:-

- (a) Benefits of massage.
- (b) Massage methods.
- (c) Massaging techniques.

2. FACIAL:-

- (a) Preparation of facial
- (b) Skin analysis
- (c) Plain facial.
- (d) Different facial for different skin type and different skin problems:-
 - Black head removing.
 - Application of thermo pack.
- (e) Facial with natural herbs and ingredients.
- (f) Treatment of acne, pigmentation, wrinkles.
- (g) Vegetable peeling.

3. REMOVING BODY HAIR:-

- (a) Waxing , Tweezing ,Threading.
- (b) Use of chemical applicators.
- (c) Bleaching.

4. MAKE-UP:-

- (a) Analysis of facial shape.
- (b) Base make-up according to day/night, weather, occasion and according to dress.
- (c) Casual and formal make-up.
- (d) How to choose correct make-up.
- (e) Applications of different type of base make-up.

5. MEHNDI:-

- (a) Arabian mehndi.
- (b) Simple mehndi.
- (c) Bridal mehndi.

DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-I)
ONE YEAR (FULL TIME)

PAPER 4- PRACTICAL

Time: 3 hrs

Max. Marks: 50

File Work - 10 Marks

Viva - 5
Practical – 35

Instructions:-

Paper will be set on the spot by the examiner.

1. YOGA ASAN:-

- | | |
|-------------------|-------------------------|
| (a) Shav asana | (f) Dhanur asana |
| (b) Gomukh asana | (g) Chakar asana |
| (c) Vajar asana | (h) Tar asana |
| (d) Bhujang asana | (i) Pashchimottan asana |
| (e) Hala asana | (j) Pawan mukt asana |

2. HAIR CARE:-

- (a) Shampooing – Procedure, Types of shampoo.
- (b) Scientific brushing on wet hair.

3. SCALP TREATMENT, APPLYING MASK, CONDITIONERS.

- (a) Scientific brushing on different types of hair.
- (b) Scalp manipulations.
- (c) Scalp treatment(lice, hair treatment)
- (d) Dandruff treatment.
- (e) Removing of splitants.

4. HAIR SHAPING:-

- (a) Blow dry.
- (b) Temporary Straightning.
- (c) Crimping.
- (d) Different style of hair curls.

5. USE OF SPRAY, GEL, MOUSSE, VOLUMIZERS ETC.

6. HAIR CUTS:-

- (a) Hair Sectioning (Basic)
- (b) Hair Sectioning acc. To different basic hair cuts.
- (c) Preparation of hair cut.
- (d) Basic hair cut like trimming, U-cut, V-cut, feather cut, layers and razor cut.

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DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-II)
ONE YEAR (FULL TIME)

PAPER 1- THEORY

Time:- 3 hrs

Max. Marks:- 50

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

OBJECTIVES

To impart knowledge about Hand Care & Make-up

SECTION-A

1. NAILS: -

- (a) Structure of nails.
- (b) Disorders and diseases of nails.
- (c) Nail spa.
- (d) Nail art.

SECTION-B

2. EYES: -

- (a) Care of eyes.
- (b) Exercise of eyes.
- (c) Eye brow shaping.
- (d) Different type of make-up(dramatic make-up, smoky make-up, winged make-up)
- (e) Applications of fake eye lashes.
- (f) Eye treatment with home remedies.

SECTION-C

3. CARE OF HAND AND FEET: -

- (a) Method of Pedicure and Manicure.

SECTION-D

4. MAKE-UP: -

- (a) Art of camouflage, Products and application.
- (b) Engagement make-up.
- (c) Bridal make-up.
- (d) Correct make-up of eyes, nose, cheeks, jaw line, lip line.
- (e) Reception make-up.
- (f) Dupatta Setting.
- (g) Sari Drapping.

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DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-II)
ONE YEAR (FULL TIME)

PAPER 2- Theory

Time: 3 hrs

Max. Marks: 50

Instructions for the Paper Setters:

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

OBJECTIVES

Value of Nutrition & Colours

To impart knowledge about Advance Techniques & Salon Management

SECTION-A

1. NUTRITION:-

- Rule of nutrition: Protein, Carbohydrates, Fats, Minerals, Vitamin A, B, C, B- Complex, B3 and their food sources.
- Basic five food groups.

SECTION-B

2. HAIR COLORING:-

- Global coloring.
- Hair streaking.
- Method of color mixing.
- Method of color applications.
- Color cutting.
- Heena applications.

SECTION-C

3. HEAD MASSAGE:-

- Technique of head massage.
- Hair problem treatments with natural masks and packs.

4. HAIR REPAIR TREATMENT AFTER THE USE OF CHEMICALS:-

- Hair Spa.
- Deep Conditioning.
- Hair Polishing.

SECTION-D

5. USE OF ADVANCED TECHNIQUES ON THE HAIR:-

- Rebonding
- Perming.

6. SALON MANAGEMENT:-

- Qualities and duties of salon management.
- Common equipments used in salon.
- Planning and layout of salon.

DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-II)
ONE YEAR (FULL TIME)

PAPER 3- PRACTICAL

Time: 3 hrs

Max. Marks: 50
File Work - 10 Marks
Viva - 5
Practical – 35

Instructions:-

Paper will be set on the spot by the examiner.

1. NAILS CARE:-

- (a) Manicure.
- (b) Hot oil manicure.
- (c) Nail art.
- (d) Pedicure.
- (e) French manicure.
- (f) Artificial nails.
- (g) Nail mending,

2. EYE CARE AND EYE MAKE-UP:-

- (a) Eye exercise, eye treatments .
- (b) Eye brow shaping.
- (c) Simple eye make-up.
- (d) Fashion eye make-up:- Dramatic, smoky eye, winged eye make-up.
- (e) Applications of fake eye lashes.

3. SKIN TREATMENTS WITH GALVANIC AND HIGH FREQUENCY.

4. PROFESSIONAL MAKE-UP.

5. FULL MAKE-UP ACCORDING TO WEDDING FUNCTION:-

- (a) Engagement make-up.
- (b) Bridal make-up.
- (c) Reception make-up.

6. CORRECTIVE MAKE-UP OF:-

- (a) Eyes, Nose, Cheeks, Jaw line, Lip line.
- (b) Dupatta setting.
- (c) Sari drapping.

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DIPLOMA COURSE IN COSMETOLOGY (SEMESTER-II)
ONE YEAR (FULL TIME)

PAPER 4- PRACTICAL

Time: 3 hrs

Max. Marks: 50
File Work - 10 Marks
Viva - 5
Practical – 35

Instructions:-

Paper will be set on the spot by the examiner.

1. HAIR COLORING:-

- 1.(a) Global coloring.
- (b) Hair streaking.
- (c) Method of color mixing.
- (d) Method of color applications.
- (e) Method of Color cutting.
- (h) Heena applications.
- (i) Preparation of hair coloring.
2. Application of temporary, permanent, semi-permanent color.

2. HAIR DESIGNING:-

- (a) Different types of plait (at least any five).
- (b) Buns with stuffies and without stuffies.

3. SCALP MASSAGE, BODY MASSAGE.

4. HAIR CARE:-

- (a) Hair spa.
- (b) Hair polishing.

5. REBONDING

6. PERMING

7. ADVANCED HAIR CUTTS.

8.PLANNING OF A SALON ON A PAPER.